



**AMETHIST**  
ACHIEVING MATERNAL EMPOWERMENT  
AND TRANSFORMING HEALTH THROUGH  
IMPLEMENTATION SCIENCE AND  
TRAINING

## February 2026 News & Updates

### Announcements & Upcoming Events



View our full  
calendar of events!

#### Virtual Seminar: *Pilot Research in Maternal Health and Implementation Science: 3 Research Studies*

Friday, February 6<sup>th</sup> | 1-2 PM ET



Kelly Zafman, MD, MSCR | Anna Newton-Levinson, MPH, PhD |  
Jessica Olson, PhD, MPH

This month, hear from AMETHIST@Penn's 2024-2025 pilot grant researchers who have focused on the intersection of maternal health and implementation science.

**Kelly Zafman, MD, MSCR** will be presenting on *A Mixed-Methods Approach to Developing Multilevel, Targeted Strategies for Deimplementation of Routine Antidepressant Discontinuation in Pregnancy*. **Anna Newton-Levinson, MPH, PhD** will be presenting on *Assessing the Implementation of a Pragmatic Randomized Controlled Trial to Address Unmet Needs for Postpartum Support and Barriers to Care Implications for Health Equity and Scale-Up*. Finally, **Jessica Olson, PhD, MPH** will be presenting her project: *It Takes a Village*:

**Seminar Registration**

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**February Office Hours for IMPROVE Trainees**

*Wednesday, February 11<sup>th</sup>*

Are you a trainee involved with one of the IMPROVE Centers of Excellence? If you are looking for assistance with IDP creation and feedback, career development award guidance, or advice on the design and conduct of a small- scale implementation project, feel free to sign up for office hours with our AMETHIST Training Core Co-Leads or Co-Investigators. Trainees may include post-docs, undergraduate or medical students, junior faculty, or anyone in a structured training program.

Sign up here for a 20-minute session:

**[Monthly Training Core Office Hours — Signup Sheet](#)**

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**Join us for our third virtual Engagement Enhancement Collaborative (EEC) forum!**

*Wednesday, March 11<sup>th</sup> | 2-3:30 PM ET*

The discussion will be led by **Dr. Lindsay Admon, MD, MSc, FACOG**, and will focus on geographic challenges in maternal health and Medicaid postpartum benefit extensions.

**Forum Registration**

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**An update on our AMETHIST-IMPROVE Year 3 site visits**

The AMETHIST@Penn Hub is excited to announce we have almost finalized our Year 3 site visits with the IMPROVE Centers of Excellence!

This year's visits have taken on a working meeting approach, where the majority of our discussions highlight project design. We would like to thank all the Centers who have participated so far, and we look forward to our continued engagement!

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**Are you an IMPROVE member interested in partnering on key advocacy initiatives?**

Several IMPROVE teams are partnering with the National Healthy Start Association on key advocacy initiatives. Are you currently engaged with them, or interested in joining forces to amplify their collective impact? Fill out the short form below to join the advocacy network!



[Link to Form](#)

#### About:

***The National Healthy Start Association (NHSA)** is the member organization for the over 100 federally-funded Healthy Start grantees around the country. NHSA is a leader in the maternal and child health (MCH) field, especially in the areas of infant and maternal mortality reduction. NHSA's mission is to be a voice in ways that improve birth outcomes and family well-being. We provide the support that makes a positive difference in the health, happiness and lives of babies, moms, dads and families.*



### **Society for Maternal Fetal Medicine | 2026 Pregnancy Meeting** *February 8<sup>th</sup>-13<sup>th</sup>*

**Registration** for SMFM 2026 is open for prospective attendees!

[View the Full Schedule](#)

#### **Collaboration Travel Awards: PRIHSM Center of Excellence (Stanford University)**

The training team from the PRIHSM (Stanford University) Center of Excellence is excited to share another round of funding for the **PRIHSM-Sponsored Collaboration Travel Awards**. These awards are intended to enhance research and professional development by supporting travel costs for collaboration.

Details regarding eligibility and ways the award can be used are included in the document linked above. Please note that the deadline to apply is **Monday, February 9<sup>th</sup>, 2026**, and any proposed travel in your application must be completed by **Saturday, July 25<sup>th</sup>, 2026**.

If you have any questions following review of the award descriptions, please feel free to reach out to Janet Hurtado: [janethurtado@stanford.edu](mailto:janethurtado@stanford.edu)

## Share your Maternal Health Implementation Science Opportunities with Us!

Would you like to share current job postings or training events related to maternal health implementation science with us? Please email these opportunities to [AMETHIST@penmedicine.upenn.edu](mailto:AMETHIST@penmedicine.upenn.edu) to promote in our monthly newsletters!

Check out our library of resources or request a consult!

[IMPROVE Collaboration Portal](#)

Connect with us!



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