AMETHIST

ACHIEVING MATERNAL EMPOWERMENT AND TRANSFORMING HEALTH THROUGH IMPLEMENTATION SCIENCE AND TRAINING

November 2026 News & Updates

Announcements & Upcoming Events

AMETHIST November Seminar

Practical Approaches to Strengthening Analytic Rigor in Qualitative Implementation Science Research

November 6th | 1-2PM ET



Enhancing rigor in qualitative research involves making thoughtful methodological decisions to ensure findings are credible, trustworthy, and grounded in the data. This seminar hosted by AMETHIST Post Doc Silpa Srinivasulu, PhD, MPH will introduce key principles and practical strategies for strengthening rigor throughout the process of qualitative analysis in implementation science research, such as reflexivity, negative case analysis, member checking, and more. Drawing on examples from her research, the seminar will also explore the benefits, limitations, and considerations of these commonly used strategies.

Register Here!

Upcoming EMBRACE Seminar!

Breastfeeding and Healthy Sexuality with Ngozi Tibbs

November 4th | 1-2:30 PM ET



Breastfeeding provides a powerful bond between a mother and baby, while also requiring significant physical and emotional energy. The frequent skin-to-skin contact that supports feeding and connection can sometimes leave a breastfeeding parent feeling overwhelmed or "touched out." Reconnecting intimately as partners and parents requires time, creativity, patience, and open communication. Having a new baby doesn't have to mean intimacy loses its priority position. Love languages may need a fresh approach to keep the fire burring.

Together we will discuss approaches to intimacy that honor the mother's comfort, boundaries, and changing needs, as well as couple's "new normal". We will explore this intimate topic with insight, human and practical steps for nurturing connection.

If attending in person, please scan QR code below to RSVP for food & disability accommodations. Or go to https://tinyurl.com/EMBRACESeminar

Email Kyle Ross (KWR13@pitt.edu) with any questions.

More Information Here!

Introducing AMETHIST New Post-Doctoral Fellows



Jasmine Uysal, PhD, MPH, is a global public health researcher and implementation scientist working at the intersection of reproductive and maternal health and the prevention of violence against women and children, with a focus on scaling evidence-based interventions. Drawing on implementation science, causal inference, and mixed methods, her recently completed dissertation



Silpa Srinivasulu, PhD, MPH is a postdoctoral researcher in maternal health implementation science with AMETHIST@Penn. She previously worked as the Director of Programs and Evaluation at the Reproductive Health Access Project where she oversaw programs to train, support, and mobilize primary care clinicians to ensure equitable access to sexual and reproductive healthcare, including

examined a causal mechanistic model of intervention fidelity, the effects and pathways of a mobile implementation strategy, and the population-level generalizability of a reproductive health and violence prevention intervention in public family planning facilities in Kenya to inform national scale-up. Within AMETHIST, she is interested in understanding the barriers and facilitators to sustaining and scaling maternal health interventions, helping NIH IMPROVE teams plan for both from the start, and integrating GBV support for women across pregnancy and the postpartum period.

abortion. Her research interests include implementing reproductive health services in primary care and community-based settings, how sociopolitical contexts and structural determinants of health shape implementation processes, and the de-implementation of abortion stigma in healthcare settings. Silpa is also an Adjunct Professor in the Heilbrunn Department of Population and Family Health at the Mailman School of Public Health where she teaches the Qualitative Data Analysis and Research Methods classes in the Advanced MPH Online Program.

November Office Hours

Are you a trainee involved with one of the IMPROVE Centers of Excellence? If you are looking for assistance with IDP creation and feedback, career development award guidance, or advice on the design and conduct of a small- scale implementation project, feel free to sign up for office hours with our AMETHIST Training Core Co-Leads or Co-Investigators. Trainees may include post-docs, undergraduate or medical students, junior faculty, or anyone in a structured training program.

Link to Sign Up



AMETHIST@Penn & IS4MH D&I Adjunct Session

Come meet in person with those interested in implementation science in maternal health!

Sunday, December 13th | 5-8pm ET

AMETHIST and the Implementation Science for Maternal Health (IS4MH) Interest Group are holding an adjunct meeting at the AcademyHealth Annual

Conference on the Science of Dissemination and Implementation in Health on **Sunday, Dec. 13th, 2026 from 5-8pm Eastern (National Harbor, MD).**

This session provides an opportunity for researchers at the intersection of implementation science and maternal health to connect and learn from each other. The program will feature networking, lightning talks about D&I conference maternal health posters, and focused talks on training and mentoring the next generation of maternal health implementation scientists.

This session is open to all, but space is limited, and advanced headcount is required. Refreshments and light fare will be served.

RSVP by Nov. 6th

Year 4 Site Visits!

AMETHIST Scheduling Annual Site Visit this Fall & Winter

The AMETHIST team is currently conducting Year 4 site visits! Our goal is to utilize the time as working meetings focused on training at your Center**.** We have completed 3 virtual site visits so far this year and are continuing to reach out for scheduling, so keep an eye out for an email from us to book your site visit if we haven't contacted you already!

For this round of site visits, we welcome trainees and any other members of your program (including faculty and community partners) to take part in the conversation around training. Members of the Data Innovation & Coordination Hub may also be present during the site visit to address your data needs, along with NIH leadership.



December Seminar

Turning Your Research into Accessible Communications

December 4th | 1-2 PM ET

Research findings can be communicated in many different ways but knowing exactly what to share can vary widely on your audience and communication goal. In this seminar, Dr. Emily Pfender will share practical tips for selecting the most relevant information from your research and adapting it for different audiences. Through quantitative and qualitative examples from her own work, she will illustrate how research findings can be transformed into engaging short- and long-form communications. The session will be interactive, with opportunities to discuss real-world examples and receive feedback on your own

dissemination efforts. Participants are encouraged to bring materials or questions to support collaborative learning and discussion.

Register Here!

AMETHIST Rapid Consultations

Looking for feedback on a new project idea? Want to discuss reviewer comments on a grant proposal? Have a quick IS question that you'd like some input on? The AMETHIST Design Core's "rapid consultations" are 15-30 minute meetings that offer IMPROVE researchers the opportunity to connect with an AMETHIST team member for early-stage feedback, brainstorming, and strategic thought partnership on a specific project or challenge.

To request a rapid consultation, contact Shelby Billups (**shelby.billups@pennmedicine.upenn.edu**) for more information.

AMETHIST@Penn Engagement Considerations Report (2025-2026)

The Engagement Core is excited to share our second annual Engagement Considerations Report, published to AMETHIST's website. The report highlights themes and takeaways from the past year of Engagement Enhancement Collaborative (EEC) forums.

Access it Here!

Check out our library of resources or request a consult!

IMPROVE Collaboration Portal

Connect with us!

University of Pennsylvania | 3641 Locust Walk | Philadelphia, PA 19104 US

Unsubscribe | Update Profile | Constant Contact Data Notice

Constant Contact

Try email marketing for free today!